

NORTHAMPTON CYCLING CLUB WAIVER AND INDEMNIFICATION AGREEMENT

Please read carefully before signing. Initial each paragraph after reading it. This is an acknowledgment, waiver, and release from liability.

I acknowledge that a sporting event is an extreme test of a person's physical and mental limits and carries with it a potential for death, serious injury and property loss. I hereby assume the risks of participation in bicycling training and competition. I certify that I am physically fit and have sufficiently trained for participation in bicycling workouts and have not been advised against participation by a qualified health professional. I acknowledge that my statements on this waiver and release from liability are being accepted by Northampton Cycling Club (hereinafter referred to as "NCC") in consideration for allowing me to become a member of NCC or otherwise participate in NCC events/activities and are being relied upon by NCC and its sponsors, organizers, administrators in permitting me to participate in any NCC event/activity.

In consideration for allowing me to become a member of NCC, and allowing me to participate in NCC events/activities, I hereby take the following for myself, my executors, administrators, heirs, next of kin, successors, and assigns, or anyone else who might claim or sue on my behalf, and I expressly acknowledge that it is my intent to take these actions:

a) I agree that prior to participating in any event/activity, I will inspect the course, facilities, equipment and areas to be used and if I believe any are unsafe, I will immediately advise the person supervising the event, activity, facilities or area;

b) I waive, release and discharge from any and all claims, losses or liabilities for death, personal injury, partial or permanent disability, property damage, medical or hospital bills, theft or damage of any kind, including economic losses, which may in the future arise out of or relate to my participating in or my traveling to and from an NCC event/activity, the following persons or entities: directors/producers, organizers, speakers, coaches, trainers, volunteers, and anyone else associated with NCC, and all localities/facilities in which liabilities are caused by the negligent acts or omissions of the persons I am hereby releasing or are caused by the negligent acts or omissions of any other person or entity;

c) I acknowledge that there may be traffic or persons on any course/route, and I assume the risk of biking or participating in any other NCC event/activity. I also assume any and all other risks associated with participating in NCC events/activities including, but not limited to, falls, contact and/or effect with other participants, effects or weather including cold/heat and/or humidity, defective equipment, the condition of the roads, water hazards, contact with other bikers and any hazard that may be posed by spectators, organizers or volunteers. All such risks being known and appreciated by me, I further acknowledge that these risks include risks that may be the result of the negligence of the persons or entities mentioned above in paragraph (b) or of other person or entities;

d) I agree not to sue any of the persons or entities mentioned above in paragraph (b) for any of the claims, losses or liabilities that I have waived, released, or discharged herein;

e) I indemnify and hold harmless the persons or entities mentioned above in paragraph (b) from any and all claims made or liabilities assessed against them as a result of (i) my actions or inactions; (ii) the actions, inactions or negligence of others including those parties hereby indemnified, (iii) the conditions of the facilities, equipment or areas where the event or activity is being conducted; or (iv) any other harm caused by occurrence related to an NCC event/activity;

f) I agree to pay all reasonable attorney fees for the NCC any person listed in paragraph b, above, associated with any claim or litigation which is covered as a subject in this WAIVER AND INDEMNIFICATION AGREEMENT;

g) I grant permission for the use of my name and/or likeness relating to my participation in an NCC event/activity and I waive all rights to any future compensation to which I may otherwise be entitled as a result of the use of my name or likeness.

I hereby affirm that I am eighteen (18) years old or older, I have read this document and I understand its contents. Parent or guardian must sign for those under 18.

Print Name _____ Signature _____ Date _____



2010 Membership Form - March 2010 – February 2011

The mission of the NCC is to promote health and wellness for people of all ages in the Pioneer Valley through cycling for sport and recreation. NCC activities and events are made possible by your membership dues. A reminder for renewal will be emailed to all members at the beginning of 2010 *Please print all information below.*

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Emergency Contact: Name _____ Phone: _____

<p>Type of membership (check all that apply)</p> <p><input type="checkbox"/> Individual (\$30) <input type="checkbox"/> New Member</p> <p><input type="checkbox"/> Family (\$35) <input type="checkbox"/> Renewal</p> <p><input type="checkbox"/> Junior (under 18; \$10)</p> <p>Family names/ages (for family membership only)</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Racing Interests (check all that apply)</p> <p><input type="checkbox"/> Road <input type="checkbox"/> Mountain biking</p> <p><input type="checkbox"/> Cyclocross <input type="checkbox"/> Triathlon</p> <p><input type="checkbox"/> Other _____</p> <hr/> <p>Recreational riding interests (check all that apply) <input type="checkbox"/></p> <p>Road <input type="checkbox"/> Mountain biking</p> <p><input type="checkbox"/> Cyclocross <input type="checkbox"/> Other _____</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

The NCC relies on the energy and enthusiasm of its member volunteers to provide racing and recreational activities for its members and the community at large. Please check ALL of the following areas in which you would be interested in volunteering. Volunteering with the NCC is usually a lot of fun and a great way to get to know others.

- | | | | |
|----------------------------------------------------|----------------------------------------------|---------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Will Help Where Needed | <input type="checkbox"/> Clothing | <input type="checkbox"/> Membership | <input type="checkbox"/> Sponsor recruitment |
| <input type="checkbox"/> Sponsor Relations | <input type="checkbox"/> Partner Relations | <input type="checkbox"/> Finance | <input type="checkbox"/> Website |
| <input type="checkbox"/> Racing events | <input type="checkbox"/> Kid's Races | <input type="checkbox"/> Kid's Bike Rodeos | <input type="checkbox"/> Weekly Rides |
| <input type="checkbox"/> Time Trials | <input type="checkbox"/> Recreational Riding | <input type="checkbox"/> C Rides (11-16mph) | <input type="checkbox"/> B Rides (16-18mph) |
| <input type="checkbox"/> A Rides (+18mph) | <input type="checkbox"/> Cyclocross | <input type="checkbox"/> Women's Rides | <input type="checkbox"/> Mtn Bike Rides |
| <input type="checkbox"/> Road Racing Team | <input type="checkbox"/> Triathlete Team | <input type="checkbox"/> Runs | <input type="checkbox"/> Swims |
| <input type="checkbox"/> Press relations/coverage | <input type="checkbox"/> Legal Documentation | <input type="checkbox"/> Documentation | <input type="checkbox"/> Communication/Media |
| <input type="checkbox"/> Ron Koester Memorial Ride | <input type="checkbox"/> Workshops/events | <input type="checkbox"/> Other? | |
| <input type="checkbox"/> Other? _____ | <input type="checkbox"/> Other? _____ | | |

<p>How did you learn about the NCC?</p> <p><input type="checkbox"/> Referred by (<i>first and last name</i>):</p> <p><input type="checkbox"/> NCC Website</p> <p><input type="checkbox"/> Other (<i>please specify</i>): _____</p>

Your membership form is not complete without the waiver and indemnification agreement on page 2.
 Send completed form, signed waiver and indemnification agreement, and check payable to "NCC" to:

**Northampton Cycling Club
 P. O. Box 886
 Northampton, MA 01061**